

Level 3 First Aid at Work (RQF) Qualification

"A thoroughly engaging and informative course, delivered in a friendly and professional manner. Would highly recommend the 3 day course" ★★★★★



This course can be adapted to suit a particular audience, for example, clerical, engineering or school staff giving learners the skills, understanding and confidence to respond effectively to a range of accidents and first aid emergencies they could encounter in the workplace. The objectives of this qualification include supporting a role in the workplace and giving learners personal growth and engagement in learning.

Why Attend This Course?

Any employer with five or more staff is required to provide a qualified First Aider. This full Health and Safety Executive (HSE) approved First Aid at Work course is designed for learners wishing to thoroughly develop the knowledge, understanding and skills required to be an effective first-aider in accordance with the Health and Safety (First Aid) Regulations 1981. We provide a comprehensive set of practical skills needed in workplaces to become confident, giving both the ability and knowledge to deal with first aid emergencies.

What Will I Learn?

- ✓ First Aid Priorities
- ✓ Managing Incidents
- ✓ Basic Life Support
- ✓ Examination of a Casualty
- ✓ Unconsciousness
- ✓ Control of Bleeding
- ✓ Fractures
- ✓ Common Illnesses
- ✓ Burns and Scalds
- ✓ Heart Attacks
- ✓ Eye Injuries
- ✓ Dressings
- ✓ Regulations
- ✓ Recording and Reporting
- ✓ First Aid Kits

Where Can I Learn?

This three day course can be held at your own premises on a date to suit your needs for a maximum of 12 learners per course or you can attend one of our open courses detailed on our website. No previous first aid knowledge is needed to attend this course and all course material and equipment will be provided.

Assessment

Continuous observation, question and answer throughout the course by one of our highly qualified and experienced trainers followed by an independent practical based exam on the final afternoon of the course ensures all learners feel confident in achieving their Office of Qualifications and Examinations Regulation approved qualification and certificate, valid for three years.

Where Can I Book?

Online: www.1stAidFire.com Email: jen.walters@1staidfire.com Telephone: 0808 123 2401

Cost

£1800 for a maximum of 12 learners per course.

