



## Level 2 First Aid for Sport (RQF) Qualification

This course provides learners the opportunity to develop knowledge and practical skills to enable successful learners to recognise and respond with appropriate actions when sports injuries occur.

We can tailor this course dependant on the learners sporting activities covering common injuries and illnesses resulting from many sports such as football, running, cycling or rugby. Learners will gain knowledge and confidence in their skills to better understand the requirements of assessing and prescribing the best course of action to become an effective first-aider in a sports situation.

### Why Attend This Course?

This Health and Safety Executive (HSE) approved First Aid for Sport course is designed for learners who have achieved or are concurrently studying a level 2 Award in Emergency First Aid and wish to apply this in a sports context. You might be employed, seeking employment or wishing to use the qualification in a leisure context, this course will provide a comprehensive set of practical skills needed to become confident, giving both the ability and knowledge to deal with sport related first aid emergencies.

### What Will I Learn?

- ✓ First Aid Priorities
- ✓ Assessment and Management of Incidents
- ✓ Roles and Responsibilities
- ✓ Examination of a Casualty
- ✓ Common Injuries
- ✓ Common Illnesses
- ✓ Correct Actions
- ✓ Regulations
- ✓ Recording and Reporting
- ✓ First Aid Kits

### Where Can I Learn?

This one day course can be held at your own premises on a date to suit your needs for a maximum of 12 learners per course or you can attend one of our open courses detailed on our website. Learners must be 16+. All course material and equipment will be provided.

### Assessment

Continuous observation, question and answer throughout the course by one of our highly qualified and experienced trainers followed by an independent practical based exam on the final afternoon of the course ensures all learners feel confident in achieving their Office of Qualifications and Examinations Regulation approved qualification and certificate, valid for three years.

### Where Can I Book?

Online: [www.1stAidFire.com](http://www.1stAidFire.com) Email: [jen.walters@1staidfire.com](mailto:jen.walters@1staidfire.com) Telephone: 0808 123 2401

### Cost

£900 for a maximum of 12 learners per course or £90 per person.

